

# Worshipful Master Lodge Discussion Series

## Title: Astronomy

Version: 1.0

Purpose: Help brothers recognize when perspective collapses under urgency, and learn to expand the frame when it matters most. Test what changes when you step back and see the larger pattern.

Keywords: scale, perspective, timing, pattern, proportion




### Materials Needed:

None

### Supporting Content/Guides

PDF - AMW Groundrules

### Related Podcast Episodes:

-  The World - Part IV: Becoming Part of the Living System
-  The Master Mason Series – Part III: The Workman and the Work
-  Everyone You Know Starts Out as an Imaginary Friend



### Setup:

WM Time Needed:

2-3 minutes

Member Time Needed

None

### Considerations:

Individuals in the lodge will participate in different ways. Challenging a member to participate in a way that is uncomfortable for them should only be done with a skilled facilitator and a high-trust group.

### Messaging:

Most of us assume that the most pressing thing in front of us right now is the most important thing. Astronomy teaches something different. It teaches you to recognize when you are buried in the minute and to place what is happening inside a larger rhythm. Leave tonight able to say where you collapsed perspective this week, and what you saw when you stepped back.

### Key questions:

“What does proportion look like when someone gets it right? How do you notice when a man is seeing a situation at the right scale instead of either catastrophizing it or ignoring it entirely?”

“Does any of that sound familiar in your own life? Where do you find yourself either making a small thing enormous or missing what is actually significant because you are too close to it?”

“When did stepping back from something reveal that the urgency you felt was not what you thought it was? What changed when you saw the larger pattern?”

“If a visitor walked into this lodge and watched how we handle time, decisions, and what we treat as urgent, what would they notice about whether we are working at the right scale?”

“How did this conversation show you something about the gap between what feels important right now and what actually is?”

### Wrap-up:

Touch on the key points and highlights of the discussion. Pay special attention to discoveries or immediate learnings by the participants. Personalize positive feedback with “I really valued Brother [John’s] point about X, or Y”

# DISCUSSION

Date of Meeting:

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Rating? ☆ ☆ ☆ ☆ ☆

Key Points

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Takeaways

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The Best Part:

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Thing's I'd do differently next time:

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Do this again?  Y  N

If so, how often? \_\_\_\_\_

