

Worshipful Master Lodge Discussion Series

Title: The Freemason

Version: 1.0

Purpose: Test what it means to be a Freemason not as a title, but as a way of showing up. Help brothers see the difference between wearing the ring and doing the work.

Keywords: orientation, presence, personal responsibility, intention, cultivation

Materials Needed:


None

Supporting Content/Guides

PDF - AMW Groundrules

Related Podcast Episodes:

 Govern Your Universe

 Mastering Your Mental Lodge: Freemason-Inspired Mindfulness

 Mastering Difficult Conversations on the Masonic Journey



Setup:

WM Time Needed:

2 minutes

Member Time Needed

None

Considerations:

Individuals in the lodge will participate in different ways. Challenging a member to participate in a way that is uncomfortable for them should only be done with a skilled facilitator and a high-trust group.

Messaging:

Most of us think becoming a Mason means we arrived at something. But the symbol teaches the opposite. It is a daily choice to orient yourself toward principle instead of habit, to be present in relation to others instead of just showing up. By the end of tonight, you should be able to name what that actually looks like in your own life.

Key questions:

“When you see someone who carries a real sense of responsibility for something, what does that look like from the outside? How do you notice it in how they listen, how they decide, how they move?”

“Does any of that sound familiar in your own life? Where do you see yourself orienting your attention and actions around a principle instead of just reacting to what is in front of you?”

“Tell us about a time when being a Freemason asked something of you that you did not expect to give. What did it cost you to step into that role instead of stepping back?”

“If every brother in this lodge treated his presence here as a project of his own making, as cultivation rather than attendance, what would a visitor notice that is different?”

“Did anything in this conversation shift how you think about what it actually means to be the man you promised to become when you took these degrees?”

Wrap-up:

Touch on the key points and highlights of the discussion. Pay special attention to discoveries or immediate learnings by the participants. Personalize positive feedback with “I really valued Brother [John’s] point about X, or Y”

DISCUSSION

Date of Meeting:

Rating? ☆ ☆ ☆ ☆ ☆

Key Points

Takeaways

The Best Part:

Thing's I'd do differently next time:

Do this again? Y N

If so, how often? _____

