

Worshipful Master Lodge Discussion Series

Title: Left Slipper

Version: 1.0

Purpose: Test what happens when a man states his promise plainly before he acts. Learn to see the difference between showing up and truly committing.

Keywords: stated commitment, clarity before action, accountability at entry


Materials Needed:

None

Supporting Content/Guides

PDF - AMW Groundrules

Related Podcast Episodes:

 The Junior Warden: Noticing Before You Numb

 The Commitments You Made With Your Future Self

 Hidden Tool #1 - Metallic Objects & The Preparing Room



Setup:

WM Time Needed:

2-3 minutes

Member Time Needed

None

Considerations:

Individuals in the lodge will participate in different ways. Challenging a member to participate in a way that is uncomfortable for them should only be done with a skilled facilitator and a high-trust group.

Messaging:

Most of us think commitment happens after we prove ourselves. Wrong. It happens the moment we say yes to something specific, knowing we will be held to it. Tonight we look at what a clear promise actually does, and what it costs the man who makes it.

Key questions:

“When you watch someone step into a new responsibility and state exactly what they are taking on, what do you notice about how they show up after that? What changes?”

“Does any of that sound familiar in your own life? Can you point to a time when you made a promise that was plain and specific, not hedged or vague? What was different about how you carried it?”

“Is there a time when you resisted being that clear, because staying vague felt safer? What made you finally say the commitment out loud instead of just implying it?”

“If a brother in this lodge accepted a role and stated clearly what he would do and what he would not, what would the rest of us be able to trust that we cannot trust now?”

“Did anything in this conversation help you see where your own promises are still ambiguous? Where are you participating without having actually pledged?”

Wrap-up:

Touch on the key points and highlights of the discussion. Pay special attention to discoveries or immediate learnings by the participants. Personalize positive feedback with “I really valued Brother [John’s] point about X, or Y”

DISCUSSION

Date of Meeting:

Rating? ☆ ☆ ☆ ☆ ☆

Key Points

Takeaways

The Best Part:

Thing's I'd do differently next time:

Do this again? Y N

If so, how often? _____

