

Worshipful Master Lodge Discussion Series

Title: Plumb

Version: 1.0

Purpose: Help brothers notice when pressure is bending their judgment, and find what it takes to stay grounded in principle instead of drifting with circumstance.

Keywords: grounding, pressure, principle, drift, reference


Materials Needed:


None


Supporting Content/Guides

PDF - AMW Groundrules

Related Podcast Episodes:

 The Plumb: Values as the Non-Negotiable Reference

 The Junior Warden: Noticing Before You Numb

 Yin and Yang in the Mortar: What Compassion Teaches the Builder



Setup:

WM Time Needed:

2-3 minutes

Member Time Needed

None

Considerations:

Individuals in the lodge will participate in different ways. Challenging a member to participate in a way that is uncomfortable for them should only be done with a skilled facilitator and a high-trust group.

Messaging:

Most of us think uprightness means never bending. But the plumb is not about rigidity. It is about having a stable reference point inside yourself, so when external pressure pushes, you know which way is actually vertical. Tonight we are looking at where you can see that reference point working, and where pressure has made it harder to find.

Key questions:

“What does staying grounded look like when you watch someone do it? How do you notice that a person has a reference point they are not abandoning, even under pressure?”

“Does any of that sound familiar in your own life? Where do you find yourself holding a line that matters to you, even when accommodation would be easier?”

“Tell us about a time when pressure pulled you off vertical. What specific thing was pushing, and what did it finally take to recognize you had drifted?”

“If a visitor came to this lodge and saw brothers actually grounded in their principles instead of reacting to circumstance, what would be different about how they worked together?”

“Is there something from tonight about what grounded looks like that you are still sitting with, or seeing differently than before?”

Wrap-up:

Touch on the key points and highlights of the discussion. Pay special attention to discoveries or immediate learnings by the participants. Personalize positive feedback with “I really valued Brother [John’s] point about X, or Y”

DISCUSSION

Date of Meeting:

Rating? ☆ ☆ ☆ ☆ ☆

Key Points

Takeaways

The Best Part:

Thing's I'd do differently next time:

Do this again? Y N

If so, how often? _____

