

Worshipful Master Lodge Discussion Series

Title: Trowel

Version: 1.0

Purpose: Explore the Trowel's symbolism of mental care, cohesion, and community building within our Lodge and daily lives

Keywords: Trowel, Mental Care, Cohesion, Community Building


Materials Needed:


None

Supporting Content/Guides

PDF - AMW Groundrules

Related Podcast Episodes:

 The Junior Warden: Noticing Before You Numb

 Mastering Your Mental Lodge: Freemason-Inspired Mindfulness

 Smart Problem-Solving in Freemasonry: The Black & White Squares



Setup:

WM Time Needed:

5 min: Review the Trowel's historical and symbolic significance

Member Time Needed

None

Considerations:

Individuals in the lodge will participate in different ways. Challenging a member to participate in a way that is uncomfortable for them should only be done with a skilled facilitator and a high-trust group.

Messaging:

Let us delve into how this humble yet powerful tool teaches us to apply care, cultivate unity, and build our fraternal bonds through intentional effort.

Key questions:

“What does the Trowel symbolize for you as a Freemason?”

“How can we apply the intrinsic meaning of the Trowel in our daily lives?”

“In what ways do we embody the extrinsic meaning of the Trowel within our Lodge?”

“What role does the integrative meaning of the Trowel play in maintaining our Lodge's cohesion?”

“How can we, as a group, better incorporate the principles of the Trowel in our leadership roles and everyday activities?”

“Share an example from your personal or lodge experiences where you witnessed the power of intentional bonding.”

Wrap-up:

Touch on the key points and highlights of the discussion. Pay special attention to discoveries or immediate learnings by the participants. Personalize positive feedback with “I really valued Brother [John's] point about X, or Y”

DISCUSSION

Date of Meeting:

Rating? ☆ ☆ ☆ ☆ ☆

Key Points

Takeaways

The Best Part:

Thing's I'd do differently next time:

Do this again? Y N

If so, how often? _____

